



APRIL 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 - Circuit Training 10:30 - Parkinson's Exercise 2:00 - Drawing Class For Beginners	2 9:30 - Morrisville Errands 2:30 - Poetry Reading	3 10:30 - Parkinson's Exercise 2:00 - Tech Support 3:00 - Mah Jongg 8:00 - Poker Night	4 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Father Rick	5 Lunch Out And West Branch Gallery Depart at 11:45 - Sign Up	6 10:00 - Bridge  2:00 & 7:30 Movie & Popcorn
7 Meal at 12:30 3:00 - Bingo	8 9:00 - Circuit Training 10:30 - Parkinson's Exercise 1:30 - Mandala Coloring	9 9:30 - Morrisville Errands 2:30 - "Let's Talk"	10 10:30 - Parkinson's Exercise 2:00 - Tech Support 3:00 - Mah Jongg 8:00 - Poker Night	11 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Meditation	12 Burlington Shopping And Lunch Out Depart at 10:00 - Sign Up	13 10:00 - Bridge 
14 Palm Sunday Meal at 12:30 3:00 - Bingo	15 9:00 - Circuit Training 10:30 - Parkinson's Exercise 1:15 - Morrisville Errands 2:00 - Drawing Class For Beginners	16 10:30 - Blood Pressure 11:00 - Community Mtg. 2:00 - Scrabble	17 10:30 - Parkinson's Exercise 2:00 - Tech Support 3:00 - Mah Jongg 8:00 - Poker Night	18 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Meditation	19 Good Friday  10:00 - Easter Egg Decorating - Sign Up Scenic Stowe Drive Depart at 2:00 - Sign Up	20 Passover 10:00 - Bridge  2:00 & 7:30 Movie & Popcorn
21 Happy Easter! 10:30 - Easter Egg Hunt Bring Your Grandchildren! Meal at 12:30 3:00 - Bingo	22 9:00 - Circuit Training 10:30 - Parkinson's Exercise 1:30 - Mandala Coloring	23 8:30 - Foot Clinic 10:00 - Coffee Klatch 2:00 - Wii Bowling	24 10:30 - Parkinson's Exercise 2:00 - Tech Support 3:00 - Mah Jongg 8:00 - Poker Night	25 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Meditation	26 Shopping in Waitsfield And Lunch Out Depart at 10:15 - Sign Up 5:15 - Wine Party 	27 10:00 - Bridge 
28 Brunch - 11:30 - 12:30 3:00 - Bingo	29 9:00 - Circuit Training 10:30 - Parkinson's Exercise 2:00 - Drawing Class For Beginners	30 9:30 - Morrisville Errands 3:00 - Book Group				