



FEBRUARY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 2:00 - New Game "Sequence"	2 10:00 - Bridge 
3 Meal at 12:30 3:00 - Bingo 6:30 - Super Bowl Party In The Conference Room	4 9:00 - Circuit Training 10:30 - Parkinson's Exercise 2:00 - Drawing Class For Beginners	5 9:30 - Morrisville Errands 2:30 - Poetry Reading	6 10:30 - Parkinson's Exercise 1:00 - Osher 3:00 - Mah Jongg 8:00 - Poker Night	7 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Father Rick	8 Burlington Shopping And Lunch Out Depart at 10:00 - Sign Up	9 10:00 - Bridge  2:00 & 7:30 Movie & Popcorn
10 Meal at 12:30 3:00 - Bingo	11 9:00 - Circuit Training 10:30 - Parkinson's Exercise 1:30 - Mandala Coloring	12 9:30 - Morrisville Errands 2:00 - Scrabble	13 10:00 - Coffee Klatch 10:30 - Parkinson's Exercise 1:00 - Osher 3:00 - Mah Jongg 8:00 - Poker Night	14 Happy Valentine's Day! 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Meditation	15 Bryan Gallery And Lunch Out Depart at 10:00 - Sign Up	16 10:00 - Bridge 
17 Meal at 12:30 3:00 - Bingo	18 President's Day 9:00 - Circuit Training 10:30 - Parkinson's Exercise 1:15 - Morrisville Errands 2:00 - Drawing Class For Beginners	19 10:30 - Blood Pressure 11:00 - Community Mtg. 2:00 - Wii Bowling	20 10:30 - Parkinson's Exercise 1:00 - Osher 3:00 - Mah Jongg 8:00 - Poker Night	21 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Meditation	22 10:00 - Racko 1:30 - 2:30 - Copley Woodlands Art Walk 3:00 - Ted Talk  5:15 - Wine Party	23 10:00 - Bridge   2:00 & 7:30 Movie & Popcorn
24 Brunch - 11:30 - 12:30 3:00 - Bingo	25 9:00 - Circuit Training 10:30 - Parkinson's Exercise 1:30 - Mandala Coloring	26 9:30 - Morrisville Errands 2:00 - Scattergories 3:00 - Book Group	27 10:30 - Parkinson's Exercise 1:00 - Osher 3:00 - Mah Jongg 8:00 - Poker Night	28 9:00 - Exercise & Weights 10:00 - Bridge 1:30 - Stowe Errands 3:00 - Meditation		